

2023

**HOLIDAY
GIFT GUIDE**

*A guide of toys, tools & services compiled by local
therapists, educators, coaches & professionals.*

**Favorite Gifts for Development, Learning &
Growth for the Whole Family**

HOLIDAY GIFT GUIDE

ABOUT US

SMALL BIZ INFO



Nursing Littles offers Infant/toddler feeding support by certified breastfeeding specialist and speech-Language pathologist, Nia Moran (i.e. breastfeeding, bottle feeding, baby led weaning, introducing solid foods, spoon feeding, tongue tie, picky eating etc).

WEBSITE

 nursinglittles@gmail.com  @nursinglittles



Actions Speak has been developed by a licensed occupational therapist (OT) and speech-language pathologist (SLP). Services offered use a multidisciplinary approach that encompasses speech/language, motor and emotional regulation skills within one group class. As of Fall of 2023, private OT sessions & group classes are offered throughout Nassau and Suffolk counties.

WEBSITE

 actionsspeakkids@gmail.com  @actionsspeakkids



Tracking Miles Physical Therapy, PLLC provides pediatric physical therapy and wellness services in Long Island, NY. Our goal is to provide parents and caregivers with the knowledge, skills and confidence they need to help guide their little one(s) through development, while having fun.

WEBSITE

 Roulla@TrackingMilesPT.com  @Tracking_Miles



Babylon CrossFit Facility offers group classes, nutrition, personal training, pregnancy and postpartum coaching.

WEBSITE

 Crossfitbabylon@gmail.com  @babyloncrossfit



HOLIDAY GIFT GUIDE
OUR GIFT TO YOU

**SUPPORT WOMEN-
OWNED SMALL BIZ**



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ABOUT US

SMALL BIZ INFO



Giggles and Grooves with Rebecca offers parent and me music classes in group and birthday party settings, incorporating instrument, movement, sensory and imaginative play.

WEBSITE

 rebecca@gigglesandgroovesny.com  [@giggles_and_grooves](https://www.instagram.com/giggles_and_grooves)



Positions Dance Studio offers dance classes, fitness classes, a fully stocked dance store, and wedding choreography to students of all ages in Babylon Village. We offer a wide range of dance styles including ballet, tap, jazz, acrobatics, hip hop, modern, contemporary, and pointe. We also offer classes for parents and babies/tots (age 3-12 months, then walkers & up).

WEBSITE

 kelly@positionsstudio.com  [@positionsdancestudio](https://www.instagram.com/positionsdancestudio)



Traveling Art Classes offers classes for ages 18mo and up. Classes include Learning through Art, Sensory Art (18 mo-3 yrs) Books N Art (3-5yrs), Mini Masters (5-8yrs), and Art Club (6-12yrs).



WEBSITE

 Artwithjina@gmail.com  [Art_With_Jina](https://www.instagram.com/Art_With_Jina)



Calm Cookie Yoga & Mindfulness provides yoga and mindfulness education in schools, community spaces, as well as author visits across Long Island and in parts of NYC.

WEBSITE

 [@calmcookie_kidsyoga](https://www.instagram.com/calmcookie_kidsyoga)  [@groundandcenterli](https://www.instagram.com/groundandcenterli)



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Lilypad Speech & Language Therapy offers private speech and language therapy from the comfort of your home. Specializing in late talkers and committed to equipping every family with practical tools that seamlessly fit into your daily routines. Our goal is to make the speech therapy process as convenient and effective as possible for you.



WEBSITE

 lilypadslp@gmail.com  [@lilypadslp](https://www.instagram.com/lilypadslp)



CharTEACHERie Boards is a personalized gifting service in which custom charcuterie boards are crafted to celebrate that special educator in your life! Our boards feature commonly used school supplies favored by teachers, tasty treats and decorative items for your room. Founded by Romina Keper, a Speech-Language Pathologist, CharTEACHERie boards are designed to show one's appreciation for teachers, therapists and more.

WEBSITE

 charteacherieboards@gmail.com  [@charteacherie](https://www.instagram.com/charteacherie)



You Tell Bunjee Books have been created by a speech therapist. These books uniquely encourage story participation. Opportunities are given for the child to tell the character something and to imitate Bunjee's actions on each page. The child is included in a fun way in order to keep them engaged while building communication skills and learning basic concepts.

WEBSITE

 josiemott@thespeechtherapistsway.com  [@thespeechtherapistsway](https://www.instagram.com/thespeechtherapistsway)



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BOOKS

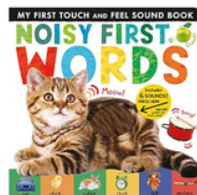
BABY + TODDLER



SHAKE A LEG **\$4.99**

- Who doesn't love Sesame Street?
- Follow directions throughout this book by imitating movements and labeling body parts

[SHOP NOW](#)



NOISY FIRST WORDS **\$14.99**

- Build vocabulary with a listen & feel sensory experience
- Real life photos to help relate to real life

[SHOP NOW](#)



HOW DOES BUNJEE FEEL? **\$16.99**

- Engaging flap book developed by a local SLP
- Focuses on emotions, colors, actions & communication skills
- **SMALL BUSINESS ALERT**

[SHOP NOW](#)



POKE A DOT BOOKS **\$24.69**

- This interact board book highlights gestures, first words & other early language skills
- Sold in a 3 book bundle & also sold separately

[SHOP NOW](#)



INDESTRUCTIBLE BOOKS **\$5.99+**

- Perfect books for babies
- Can bite, chew, try to tear, but these books stay strong!
- Many different topics & stories

[SHOP NOW](#)



PRESS HERE **\$7.64**

- The most fun you'll ever have while reading a book!
- Interactive book that focuses on directions & social interaction

[SHOP NOW](#)



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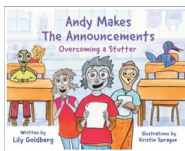


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BOOKS

TODDLER- ELEMENTARY



ANDY MAKES THE ANNOUNCEMENTS **\$14.99**

- Book written by a local SLP
- Focuses on a young boy who has a stutter & teaches acceptance of others
- **SMALL BUSINESS ALERT**

[SHOP NOW](#)



COOKIE DOUGHGA **\$12.99**

- Book written by a local yoga instructor that offers ideas on how to use movement & mindfulness to shape feelings
- **SMALL BUSINESS ALERT**

[SHOP NOW](#)



SNEEZY THE SNOWMAN **\$8.45**

- Winter book for young kids
- A silly story that uses repetition to help kids use early critical thinking skills

[SHOP NOW](#)



SNOWMEN AT NIGHT **\$9.99**

- Winter book that focuses on early literacy skills
- Bright pictures that allow for discussion without even looking at the words!

[SHOP NOW](#)



THERE WAS A COLD LADY THAT SWALLOWED SOME SNOW **\$5.34**

- The Old Lady is at it again!
- This book offers chances for sequencing and recall for young children

[SHOP NOW](#)



WAITING IS NOT EASY **\$8.71**

- Who doesn't love a Gerald & Piggie book!?
- In a world of instant gratification, this book reminds us of the importance of being patient

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ART

TODDLER +



3 IN ONE ART EASEL

\$68.65

- Vertical surface that works on strength while promoting creativity
- Sensory opportunities through different mediums

[SHOP NOW](#)



KWIK STIX SOLID TEMPERA PAINT

\$22.48

- Who doesn't love a mess free activity?
- Easy to dry paint that encourages social interaction and creativity

[SHOP NOW](#)



CRAYOLA WASHABLE PAINT

\$12.52

- Colors are vibrant & demonstrate wonderful consistency
- Paint washes off easily
- Most importantly: non-toxic!

[SHOP NOW](#)



BIG OTTERS PAINTING TOOL KIT

\$12.99

- Great starter kit for mini artists!
- Brush handles vary in size to help build fine motor skills as kids develop
- Spill free paint containers

[SHOP NOW](#)



TRAVELING ART SET WITH EASEL

\$22.98

- Bring your creativity on the road!
- Easel promotes functional grasp
- Compact and easy to travel with

[SHOP NOW](#)



TRIANGULAR CRAYONS

\$9.99

- Shape & size is a great way to develop fine motor skills
- Triangular shape promotes functional grasp of the crayon

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MUSIC

BABY +



RAINSTICK **\$10-13**

- Calming instrument that evokes multiple senses
- Great tool for coordination, fine motor skills and pretend play

[SHOP NOW](#)



REMO DRUM **\$48 +**

- Great for individual or group play
- Can target gross motor skills, describing words & directions
- Fosters creativity & improvisation

[SHOP NOW](#)



EGG SHAKERS **\$10 +**

- Fun and simple way to make songs interactive
- Pair with songs such as Old MacDonald & I Know a Chicken

[SHOP NOW](#)



MARACAS **\$12.86**

- Makes movement songs interactive
- Great for all ages: babies can practice their grasp, while older kids can build language skills

[SHOP NOW](#)



MUSICAL INSTRUMENT SOUND PUZZLE **\$11.00**

- Introduces different instrumental sounds within play
- Builds problem solving skills while matching puzzle pieces

[SHOP NOW](#)



LOLLIPOP DRUM **\$17.00**

- Colorful & musical way to build social interaction
- Practice hand eye coordination while strengthening motor skills.

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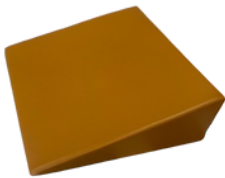


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GROSS MOTOR

BABY + TODDLER

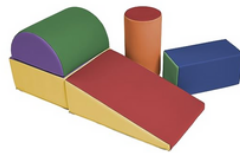


TUM TUM WEDGE

\$60

- Developed by a PT
- Provides a gentle incline to support tummy time
- **SMALL BUSINESS ALERT**

[SHOP NOW](#)



SOFT ZONE CLIMB & CRAWL PLAYSET

\$178.39

- Exciting way to get moving while stuck inside all winter
- Builds strength, balance and coordination skills

[SHOP NOW](#)



V-TECH SIT TO STAND LEARNING WALKER

\$59.46

- Colorful, interactive & musical
- Great tool for standing/walking beginners
- Promotes caregiver interaction & language development

[SHOP NOW](#)



INFANTINO JUNGLE PEEK & ROLL

\$12.99

- Motivating way to encourage crawling
- Can be used with babies as early as 6 months of age

[SHOP NOW](#)



PIKLER TRIANGLE SET

\$209.99

- What kid doesn't want an indoor playground?
- Builds strength, balance, coordination and motor skills

[SHOP NOW](#)



BALANCE BIKE

\$49.99

- Great way to introduce biking to infants and toddlers
- Can be used inside and outside
- Helps build early balance and coordination skills

[SHOP NOW](#)



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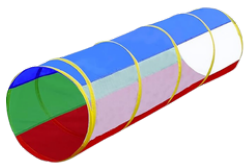


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GROSS MOTOR

TODDLER +



TUNNEL **\$19.99**

- Must have movement toy for all ages!
- Easy to store and a quick and simple way to get energy out throughout the day

[SHOP NOW](#)



BALANCE BEAM **\$67.98**

- Make different shapes with this unique balance beam
- Can be stacked & easily stored
- Focuses on balance, strength & coordination

[SHOP NOW](#)



BALANCE PODS **\$22.99**

- Add these to any obstacle course to build strength, balance & coordination
- Walk, squat, balance...do it all!

[SHOP NOW](#)



CONES, RINGS & BEAN BAGS **\$34.99**

- Rings, cones & bean bags, oh my!
- Focuses on strength, balances, coordination and motor skills
- Can be used for sports, obstacle courses, play and more

[SHOP NOW](#)



BALANCE STONES **\$42.99**

- Quick climb on...the floor is lava!
- Durable, stackable and versatile
- Focus on balance, climbing and motor planning

[SHOP NOW](#)



ACTIVITY DICE **\$14.25**

- Simple animal pictures are a great way to target language while being active
- Great for a movement break

[SHOP NOW](#)



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GROSS MOTOR

MOST AGES



INDOOR SCOOTER BOARD **\$27.99**

- Have a race, go for a ride or control your own destination
- Sit & move with your feet or lie on your tummy and use your hands
- Indoor & outdoor activity

SHOP NOW



WOBBLE CUSHION **\$24.99**

- Great tool to increase attention while sitting
- Can challenge balance while playing on both vertical or horizontal surfaces

SHOP NOW



POLYSPOTS **\$20.64**

- Great visual to help kids find their spot during games and activities
- Can be used during obstacle courses and for jumping, too

SHOP NOW



HOPSCOTCH **\$24.99**

- A fun spin on a play mat
- No need for messy chalk, create a hopscotch activity right in your home

SHOP NOW



EXERCISE BALL **\$24.25**

- Versatile way to work on core strength, posture and tummy time
- For all ages--even adults!

SHOP NOW



TRAMPOLINE **\$129.99**

- Is anything more fun than a trampoline?
- Great tool for sensory seekers
- Builds strength, coordination and mobility

SHOP NOW



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GROSS MOTOR

MOST AGES



GATOR GOLF **\$15.19**

- Early colorful introduction to golf
- Hand eye coordination
- Perfect for indoor use on a carpet, or outdoors on the grass

SHOP NOW



MOVEMENT MEMORY **\$13.95**

- A spin on your typical memory game by adding in exercise and motion
- Can focus on animal sounds & their movements too

SHOP NOW



RED LIGHT GREEN LIGHT MOVMENT GAME **\$29.99**

- Get the whole family moving with this interactive yet classic game
- 3 different game modes to allow for endless movement & fun

SHOP NOW



THE FLOOR IS LAVA **\$21.99**

- Movement board game
- Make any floor into a pool of lava
- Incorporates problem solving, strength, coordination, & balance

SHOP NOW



TWISTER **\$14.97**

- Classic movement board game
- Fun for the whole family
- Can focus on following directions & social interaction

SHOP NOW



FIT DECK **\$15.99**

- Great way to introduce fitness (hello superheroes)
- Promotes exercise without needing any equipment

SHOP NOW



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HOLIDAY GIFT GUIDE

DEVELOPMENTAL PLAY *(Language, Learning & Motor Skills)*

BABY + TODDLER



BRIGHT STARTS O-BALL **\$5.29**

- Ball shaped rattle for tiny hands
- Works on reaching and grasping
- Great introduction to play

[SHOP NOW](#)



FAT BRAIN TOYS INNY BIN **\$27.95**

- Frustration free shape bin
- Focuses on fine motor, hand eye coordination & language skills
- Offers multiple opportunities to explore & play

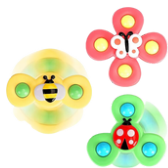
[SHOP NOW](#)



FISHER PRICE PIGGY BANK **\$17.99**

- Catchy tunes & colorful coins allow for hours of play time
- Pretend play while building fine motor and language skills

[SHOP NOW](#)



SUCTION SPINNERS **\$15.99**

- A favorite for tummy time!
- Can attach to different surfaces to motivate during meal time or while sitting and standing

[SHOP NOW](#)



SHAPE SORTER **\$9.99**

- Great way to introduce critical thinking to growing minds
- Focuses on language concepts (colors, shapes, prepositions) & problem solving

[SHOP NOW](#)



ANIMAL HOME STACKING BLOCKS **\$25.99**

- Durable & versatile toy
- Can focus on animals & their sounds, as well as greetings
- Introduces pretend play routines

[SHOP NOW](#)



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HOLIDAY GIFT GUIDE

DEVELOPMENTAL PLAY *(Language, Learning & Motor Skills)*

BABY + TODDLER



BABY EINSTEIN LIGHT BAR ACTIVITY STATION **\$22.99**

- Fun, interactive & educational
- Animals, colors, music
- A motivator during tummy time & sitting time for babies

[SHOP NOW](#)



V-TECH ACTIVITYCUBE **\$92.90**

- Multiple play sides for all day fun
- Can be used during sitting, kneeling or standing
- Many cause & effect options

[SHOP NOW](#)



SCARVES **\$9.95**

- Peek-a-boo, dance, dress-up, directions & so much more
- Great to use during a dance party to get moving

[SHOP NOW](#)



TEXTURED SUCTION TOYS **\$9.99**

- Great toy for sensory seekers
- Versatile and can be used in multiple environments (windows, & even mold free for bath time)

[SHOP NOW](#)



PRETEND FOOD KIT **\$20.49**

- Pretend play versatility (cooking, grocery shopping, restaurant)
- Create play scenarios, sort into categories and introduce healthy habits

[SHOP NOW](#)



SOLOBO EMOTION COIN DROP **\$34.99**

- Colorful Montessori-inspired toy
- Focuses on expressing emotions
- Created by a neurodivergent small business owner
- **SMALL BUSINESS ALERT**

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DEVELOPMENTAL PLAY *(Language, Learning & Motor Skills)*

TODDLER+



MAGNETIC MIX OR MATCH JUNGLE **\$34.97**

- Big pieces for little hands
- Silly creations are motivating and allow for ways to build language and play skills

SHOP NOW



POTATO HEAD **\$10.99**

- Classic toy that focuses on body parts & prepositions
- Encourages problem solving and creativity

SHOP NOW



FELT STORYTELLING SONG BOARD **\$25.00**

- Can retell and recreate multiple classic stories
- Use while engaging in familiar songs to promote recall

SHOP NOW



PLAY-DOH ALPHABET KIT **\$20.99**

- Count me in for play-doh combined with literacy skills!
- Exposes children to different sensory mediums

SHOP NOW



MAGNETIC TILES **\$25.99**

- Nothing beats a magnetic toy!
- Offers creativity & independence
- Use around the house to discover various magnetic surfaces

SHOP NOW



VINTAGE CANDY LAND **\$16.99**

- Classic family board game
- Great for non-readers
- Focuses on language skills & social skills

SHOP NOW



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HOLIDAY GIFT GUIDE

EMOTIONAL REGULATION & MINDFULNESS

TODDLER+



WOBBLE DISC

\$49.99

- Two toys in one!
- Can be used for balance and control, or can be flipped over for climbing and jumping

[SHOP NOW](#)



CRASH MAT

\$169.99

- This cloud like pillow is a great way to get out those extra wiggles
- Can be used for crashing, jumping and "rough housing"

[SHOP NOW](#)



PUNCHING BAG

\$39.99

- Why not express yourself through movement?
- Builds strength & coordination while safely expressing all emotions

[SHOP NOW](#)



WEIGHTED DOGGY LAP PAD

\$35.77

- Adorable 4 lb weighted blanket
- Grounding tool for sensory seekers
- Hand washable!

[SHOP NOW](#)



MY FEELINGS BOARD GAME

\$29.95

- Tons of scenarios to allow kids to explore and express themselves
- Improves self regulation and social skills

[SHOP NOW](#)



BLISS STAR PROJECTOR

\$59.99

- Bring the stars indoors
- Include in your bedroom routine or during quiet time to help calm the body and mind

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HOLIDAY GIFT GUIDE

EMOTIONAL REGULATION & MINDFULNESS

MOST AGES



SINGING BOWL \$19.97

- A soothing instrument used for meditation, yoga and healing
- Can help calm the nervous system and the mind

SHOP NOW



YOGA PRETZEL CARD DECK \$15.49

- 50 colorful cards with different poses
- Fun way to encourage creativity, sequencing and play through yoga

SHOP NOW



HOBERMAN SPHERE \$13.50

- Breathe with intent!
- A tactile tool to help visualize and understand deep breathing

SHOP NOW



MINDFUL KIDS ACTIVITY CARDS \$15.29

- 50 mindful activities to focus & calm the body & mind
- Can help improve focus while practicing self-love & kindness

SHOP NOW



BREATHE LIKE A BEAR BOOK \$11.99

- 30 simple breathing practices that can be used anywhere
- Helps kids feel calm & focused at anytime

SHOP NOW



NO WORRIES JOURNAL \$10.97

- Interactive self-care journal
- Offers ways to reduce stress, including coloring, doodling & drawing

SHOP NOW



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FEEDING

BABY + TODDLER



SILICONE BABY SPOONS **\$6.00**

- Great for caregivers to use while starting solid food
- Perfect for little hands and independent feeding, too!

[SHOP NOW](#)



HAAKA SILICONE PUMP **\$15.49**

- Versatile breastfeeding support for new mamas
- Extracts milk, combats clogs and engorgement, & catches excess milk from leaking

[SHOP NOW](#)



LANSINOH BABY BOTTLES **\$16.99**

- Most ideal nipple shape for oral development
- Supports oral health & growth

[SHOP NOW](#)

CERES CHILL BREASTMILK COOLER **\$72.00**

- Must have for the pumping mama
- Great for keeping pumped milk chilled while on the go

[SHOP NOW](#)



BABY SILICONE SUCTION PLACEMATS **\$19.99**

- Meal time is not always easy, but these placemats make it way more fun
- Great suction to reduce mess

[SHOP NOW](#)



CAMELBAK WATER BOTTLE **\$17.65**

- Chewy straw provides oral input, which is self regulating
- Great for kids who chew on non-food items (pens, clothes, etc)

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SERVICES

MOST AGES



ADULT 5-CLASS CARD **\$65**

- Mamas Day out!
- All-level adult dance classes available (ballet, jazz, tap, progressing ballet technique, bodyART, Sweat & Swagger)

SHOP NOW



IN BODY CONSULTATION **\$50**

- Perfect way to start improving your health
- One 20-min consultation with a CrossFit provider
- Date/time flexible (Babylon only)

SHOP NOW



CLASS DROP-IN **\$25**

- Join in on any Babylon CrossFit class and begin the journey for a healthier you today!
- No other purchase necessary

SHOP NOW



PREGNANCY & POSTPARTUM ASSESSMENT **\$150**

- 40-min zoom call with Coach Trish to review how to safely return to fitness during pregnancy or postpartum & to help create an individual program (Babylon only)

SHOP NOW



GEAR STORE **\$30+**

- Check out fitness gear options to help kick start or continue your health journal
- Colorful options for all seasons

SHOP NOW



CLASS DROP-IN **\$25**

- Yoga & mindfulness classes available for children (ages 6 weeks-teens)
- Explore different class options at new location in Bay Shore, NY

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SERVICES

BABY +



BIRTHDAY PARTY **\$275-300**

- 45-min party at a location of your choice
- Includes instruments, puppets, parachutes, scarves, bubbles & more!

SHOP NOW



PRIVATE MUSIC CLASS **\$25PP***

- Private music class at a location of your choice
- Unique & personalized class developed just for you
- *\$25/pp with 10 or more registrants

SHOP NOW



SENSORY ART CLASS PACKAGE **\$150**

- 5 pack of classes available at multiple locations (18mos-3 yrs)
- Build cognitive & motor skills while creatively engaging all senses

SHOP NOW



BOOKS 'N' ART CLASS **\$150**

- 5 pack of classes available at multiple locations (ages 6-12)
- Storytelling combined with creative expression
- Great for budding artists

SHOP NOW



ART CLUB **\$140**

- 1 month of weekly student-led classes at Mindnasium (ages 6-12)
- Students are in control of what projects are chosen each week
- Each class is unique

SHOP NOW



PRENATAL FEEDING & PUMPING CLASSES (VIRTUAL) **\$20***

- Non-judgemental, evidence-based breastfeeding classes for new or expecting mothers
- *\$20/class with 5 or more registrants

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SERVICES

BABY – ADOLESCENTS



GIFT CARD \$100

- All classes developed by OT & SLP
- Services include: private OT, group classes, consultations, and personal training for all abilities

SHOP NOW



TRACKING THROUGH YEAR ONE PACKAGE \$875

- Perfect gift for a new parent!
- Includes six 45-min wellness check-in sessions throughout your child's first year to help support development

SHOP NOW



GIFT CARD \$100

- Can be applied to any 1:1 physical therapy or wellness session or packages
- (not applicable for Tracking Miles classes)

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Thank you for following and supporting our small businesses. Wishing everyone a happy and healthy holiday season.



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